CLEAR
SENIOR LIVING TRANSITIONS

Clarity. Structure. Peace of Mind.

A THOUGHTFUL CONVERSATION GUIDE FOR ADULT CHILDREN

6 Questions to Ask Your Aging Parent Before a Crisis

Start the conversation while you still have time, choices, and the opportunity to listen.

You do not have to make every decision today. The goal is simply to begin the conversation before a crisis forces your family to make important decisions under pressure. These six questions can help you understand what matters most to your parent and where your family may need more clarity.

The 6 Questions

1

"What does my parent's daily life actually look like? Do I know the honest answer?"

2

"What are their greatest fears about getting older? Have I asked?"

3

"What do they want their life to look like in five years? In ten?"

4

"If something happened tomorrow, who would be in charge? Does everyone agree?"

5

"Have we talked about the house — what it means, and what should happen to it?"

6

"Are there family members who need to be part of this conversation who aren't yet?"

> *"You don't have to figure everything out today. You just have to start the conversation."*

Need help understanding what comes next?

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No call centers. No pressure. If you reach out to CLEAR, you'll hear directly from Mandy.